

Students' Checklist – Mid-way

For the mid-way check-in, there will not be any forms that you have to fill out. However, you will have to meet with your coaches halfway through your position, role, or experience to discuss the progression of your goals. This meeting should happen in late December or early January. Throughout the meeting, discuss with your coach about your performance so they can give you feedback on your skill development to date. Your coach will have to sign off on Experience York to indicate that you have completed the check-in. The completion of this checklist will ensure that you are progressing through the Becoming YU term at the right pace.

- I have scheduled and attended a 30-minute check-in with my coach to discuss my goals and accomplishments or participated in a mid-point highs and lows reflection activity during a group meeting.
- I will ensure my coach signs off on my check-in on Experience York or submits a list to the Career Success Project Coordinator for approval at becomeyu@yorku.ca.
- I understand that no journal entry is required for the mid-way check-in.
- I have defined achievable and attainable goals for my experience.
- I have explored the resources on the [Becoming YU Students'](#) page.

If you have any questions or concerns, please email becomeyu@yorku.ca.
To provide feedback please use the [Students' Feedback](#) link.