

Students' Checklist - Start of Term

Welcome to Becoming YU! This program is self-driven, giving you the opportunity to set goals and build key competencies through your work experience. The key to success is reflection—taking the time to understand and develop your skills. Regular check-ins with your coach will provide you with guidance and support. Your coach will have access to your progress and responses in Becoming YU to better understand your goals and achievements. This checklist will help you stay on track and start the term on the right foot!

I have completed an onboarding orientation.
I have scheduled time during paid work hours to complete my first conversation journal entry on Experience York.
I have set a date for my first goal setting check-in meeting with my coach (preferably within their first two weeks of starting).
I have defined achievable and attainable goals for my experience.
I have explored the resources on the <u>Becoming YU Students'</u> page.

Please note that, ideally, all of the above will be completed by the end of the second week of your role.