

BECOMING YU

Final Group Check-In Model

Students will be required to fill out their conversation journal entry #2 prior to the group check-in on Experience York. Students can submit their answers in any format that they think will help illustrate their learning (e.g., photo, painting, video, word document). Coaches will have to sign off to indicate that they have done the final check-in on Experience York or submit a list to the Career Success Project Coordinator, who will approve it on their behalf.

Group checkpoints allow students to practice their networking skills, collaborate with and help each other find meaningful ways to accomplish their goals, and receive feedback from their peers and coaches. Icebreakers are an excellent way to help peers get to know each other while having fun.

Introduction Icebreaker: Song of the Year

Instructions (in person): The coach starts off by welcoming everyone to the final check-in of the academic year and telling everyone a song that represents their academic year. They will then choose the person who will go next.

Instructions (online): In a Zoom call, everyone will have their cameras on, and the coach starts off by welcoming everyone to the final check-in of the academic year and telling everyone a song that represents their academic year. They will then choose the person who will go next.

Journey Mapping

Instruction (in-person): Give students a moment to reflect on their overall work or study experience and have them reflect on:

- Their journey
- Skills
- Accomplishments
- Challenges
- Goals Progression

Then give each student an opportunity to draw out their journey as a map (e.g., journey could be a pathway or a mountain; skills can be icons; communications can be a typewriter; teamwork can be a group of people; accomplishments can be trophies; challenges can be a brick wall or a hill; and goals can be the finish line) and have them share with the rest of the group.

Instructions (online): In a Zoom call, give students a moment to reflect on their overall work or study experience and have them reflect on:

- Their journey
- Skills
- Accomplishments
- Challenges

- Goals Progression

Select a drawing tool (e.g., whiteboard online) and give each student an opportunity to draw out their journey as a map (e.g., journey could be a pathway or a mountain; skills can be icons; communications can be a typewriter; teamwork can be a group of people; accomplishments can be trophies; challenges can be a brick wall or a hill; and goals can be the finish line) and have them share with the rest of the group.

Wrap Up

Answer any questions your students may have. Make it clear to the students how to get in touch with you if they require support or more feedback. End by giving them something to think about, such as *“As you end this experience, think about how the skills you’ve learned from this experience can help you in your future experiences.”*