

Coaches' Checklist – Start of Term

Becoming YU is a program that relies on self-reflection for personal development. As coaches, you will also grow and learn with your student(s). You should take pride in your progress as coaches and look forward to the impact you will make on your student(s). This Coach's Checklist is a tool to help you stay on track and stay accountable to yourself and your student(s). The completion of this checklist will allow you to start the Becoming YU term on the right track.

- I have completed an onboarding orientation with my student(s).
- I have scheduled time for my student(s) to complete **Conversation Journal Entry #1** (this is to be done during paid worktime).
- I have set a date for my initial check-in with my student(s) (preferably within the first two weeks of starting).
- I have helped my student(s) set achievable and attainable goals for their experience(s).
- I have helped to provide a safe, inclusive space that encourages my student(s) on their journey to meet their goals.
- I have explored the resources on the [Becoming YU Coaches'](#) page.

Please note that ideally, all of the above (except the last bullet) will be completed by the end of the second week of a student commencing their role.

If you have any questions or concerns, please email becomeyu@yorku.ca.
To provide feedback please use the [Coaches Feedback](#) link.