

Coaches' Checklist – Start of Term

Becoming YU is a program that relies on self-reflection and personal development. As coaches, you will also grow and learn with your student(s). You should take pride in your progress as coaches and look forward to the impact you will make on your student(s). This Coach's Checklist is a tool to help you stay on track and stay accountable to yourself and your student(s). The completion of this checklist will allow you to start the Becoming YU term on the right track.

- I have completed the Onboarding Orientation with my student(s)
- I have scheduled time for my student(s) to complete the **Experience Details & Goal Setting** Form
- I have set a date for my first goal setting check-in meeting with my student(s)
- I have helped my student(s) to set achievable and attainable goals
- I have helped to provide a safe inclusive space that encourages my student(s) on their journey to meet their goals
- I have explored the resources on Becoming YU coaches' page
- I am a member of the [Becoming YU Microsoft Teams](#) coaches' page
- I am aware of the [Becoming YU Coaches' drop-in sessions](#) on Wednesdays
- I have had an informal check-in with my student(s) since they were hired

Please note that ideally all of the above will be completed by the end of the third week of a student commencing their role.

If you have any questions or concerns, please email becomeyu@yorku.ca.
To provide feedback please use the [Coaches Feedback](#) link.